



MommaCare™ Training

Psychotherapy with pregnant clients: Prenatal diagnosis fetal abnormalities and facilitated decision- making.

Description: Clients come to therapy at all stages of life, including during the reproductive years. While your clients may not come to you specifically to deal with issues surrounding pregnancy, they may become pregnant in the course of therapy and then be faced with very specific challenges. This workshop will acquaint therapists with medical information about routine fetal screening and progressive diagnostic testing as information comes to light about significant fetal abnormalities. Therapists will gain the necessary skills to provide support and guidance to clients experiencing this heartrending challenge on the journey to parenthood.

Key Topics:

- Options for fetal screening and diagnostic testing.
- Common diagnoses from mild to major.
- Options for medical and surgical intervention.
- Perinatal palliative care.
- Common therapeutic issues and effective interventions.
- Therapist self-care

Date/Time: Tuesday May 22, 2018 8:30 am – 4:00 pm

Location: Planned Parenthood Board Room
671 Vandalia Street
St. Paul 55114

Registration: \$149 includes continental breakfast and lunch.
Space limited to 30
Certificates of attendance for 6 learning hours will be provided.

Presenter: Deb Rich, PhD, LP; Director and Founder
Shoshana Center for Reproductive Health Psychology
Deb had over 30 years of specialty experience doing psychotherapy, professional training and program development. She served as coordinator of Pregnancy Loss Services for Fairview Health Services for 13 years. She currently serves on the Boards of Minnesota Women in Psychology and the North American Society for Psychosocial OB/Gyn. She was a founding member of Pregnancy Loss and Infant Death Alliance and has been a continuous member of the Education Committee. She was also a founding steering committee member of Pregnancy and Postpartum Support Minnesota. Deb is a frequent speaker at national conferences.



Registration link:

FFI: Please call Deb at 651.645.5504 or email her at deb@shoshanacenter.com

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